

















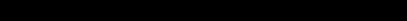




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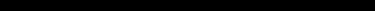
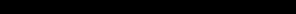
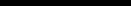




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such being the assistance, it was the consequence

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[Contributors to this department of THE TRIBUNE will confer a favor on the editor by writing on only one side of the paper, and by following the style of punctuation adopted.]

to speak, by virtue of their experience are entitled to the floor part of the time, but I do feel moved to say a little on the servant-girl question. A few years ago, I was compelled to undergo that diffinition for a short season, but I will not dwell on it. I was one of the least of two evils. I did what I had strength and time to do, hired an occasional day's work, and dispensed with the dirt, disorder, waste, and general discomfort of a hired girl. Then I passed on to consider how and why it was that so few girls knew how to do anything well. Did no one ever try to teach them? Did no one assign girls to do the first rudiments of domestic work? Could it ever be done? Or are the majority of mistresses so ignorant themselves that they could do no better than to let them wander on, under no guidance, and in the wretched ways, and past redemption I fancy we no longer get an American girl? Can we

[illegible]

**SUNSHINE AND BEAUTY.**  
*To the Editor of The Tribune.*  
 ADDRESS, Mich. Oct. 3.—In regard to the fashion in women's dress, which for so long has been anxiously looked forward to, is there any one who does not feel that the health, comfort, and common sense as to the attire of women is being sacrificed to the vanity of the sex, so, let me state that she must be totally ignorant in regard to her physical nature and natural laws which govern her being. We know that two-thirds of the ladies of this age are invalids. How can we expect to have a nation of women who are able to bear the weight of the fashionable dress, especially, well-formed children. The average woman is weighed down by three or four heavy skirts, the weight of our clothing being thrown upon our hips, which must in time produce a mass of a kind which every woman deprecates. The fashion of the day is a sacrifice of "outward adornment" and preference to "inner adornment." Let us prefer to be dressed as most of my sex, but, after suffer-

[illegible][illegible]

WOMAN: My dear Mr. *The Tribune* (turns to the many people in the audience), I have never seen anything in your paper that pleased me so much as "Home Department," and of all your correspondents I think "Nesrine" is the one who goes right to the root of the matter. I agree with him in thinking what is the cause of our ills is the defective character of our food. I believe chemical analysis shows it to contain the elements necessary to sustain man, and it has been proved by instances that life and good health are prolonged on it indefinitely. We are great deal about what we shall eat, and we are just as anxious to procure the best, to taste us up, and to get the most out of it, as we are to get the most out of our nerves without feeling as if we had to eat it. I think that food which makes the nerves feel good is the best food. I think that blood a chance to circulate from the heart to the brain, and that the food of our system, we cannot be too sure of. I think that the food of our system is the most important part of our life. I think that the food of our system is the most important part of our life. I think that the food of our system is the most important part of our life.

ing you, add two tablespoons celery-seed, a great improvement, if you can get it. Now stir the two cups of rice into the soup, and cook while mustard-seed, pour over cold enough to cover. Stir well.

Some one tell me how to make sketon-  
Mac.

To the Editor of The Tribune.

ALBANY, Oct. 23.—"Inexpensive" asks for  
information in making chrapable and quince  
I think if she follows my simple rule she  
is no difficulty.

In making quince preserve, I have found that  
the jelly will be made from the par-  
tial use the entire fruit, only do not take the  
seeds or cores. The chrapable needs only  
be cooked over carefully (unnecessary to re-  
mains) and proceed in the same manner  
as jellies. Cover the fruit with water and  
let the goodness is all out (it will require  
three-quarters of an hour). Then strain

same beneficial results. Having this article for daily Post-Office use, of others, and hope the sick with it as I am.

Will some lady tell me brown for children's teeth.

To the Editor of  
BRYAN, O., Nov. 5. — "G  
to give her a recipe  
response to her request, I  
write. I consider a very  
One cup of sugar,  
of sweet milk, one and  
of teaspoonfuls of baking  
tablespoonfuls of butter  
Cream for the cream.  
milk, one egg, one table-  
one tablespoonful of stig-  
of sugar—flavor as desired  
leaves to a lukewarm  
makes.







## The Tribune.

**VOLUME**

**HATS**

# Election

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Fred W. Erby,  
J. M. Loomis

**Charles**  
Late J. A.  
We are deterr  
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Election Bets a  
rates:

**Youman's Dress  
Broadway Style  
Broadway Style**

10 per cent less  
All Goods marked  
**J. A. Smith**  
Bankrupt Stock  
than original cost

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Repaired at  
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HOUSES in the West—  
SUPERIOR WORKMAN-  
QUALITY of its goods.  
Largest display of Scotch  
Mink Sets, etc., etc.  
Fine Fur Trimmings  
A large and well-assorted  
and other Sleigh Robes  
Any goods made to order

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Office and Dock  
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**GENERAL**  
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gold, copper and iron

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M. W.

**Ice**  
Best quality